

Sutton Memorial High School Guidance Department

Guidance Counselors

Erin Miller (Last Names A-K)

Lindsey Baiocchi (Last Names L-Z)

Guidance Secretary

Lisa Galipeau

Counselors provide a comprehensive guidance program that meets the needs of their assigned students in grades 9-12.

Counselors promote and enhance academic, personal, social, and career development of all students.

Guidance Services

- Communicate with students and parents regarding academic opportunities and scheduling.
- College and post-secondary career planning.
- Provide career exploration opportunities.
- Classroom and small group guidance instruction.
- Help resolve problems that interfere with learning.
- Counsel individuals and groups.
- Educate students about conflict resolution and problem solving skills.
- Offer crisis intervention and prevention.

Grade 9

- **Primary focus is transitioning to high school**
 - Graduation requirements, GPAs, transcripts
 - MA state university requirements, postsecondary planning
 - Self-awareness/Goal-setting
 - Time management/Study skills
- Other Considerations
 - Getting involved in the school and community
 - Peer relationships
 - Stress management
 - Course selection process

Grade 10

- **Primary focus is Career Exploration**
 - Introduction of online resources/portfolios
 - Career Interest Inventories
 - Career Panel
 - Opportunities through BVEF (i.e Health Care Expo)
- Other considerations:
 - Long and short term goals
 - Learning styles
 - PSAT - October
 - Course selection process

Grade 11

- **Primary focus is college/post-secondary planning**
 - Introduction of online research resources such as College Board and Mass CIS
 - Presentations regarding college search
 - College Fairs
 - SAT/ACT information
 - Individual meetings to discuss plans
- Other considerations
 - PSAT - October
 - Course selection process

Grade 12

- Primary focus is *individualized* college/post-secondary planning
 - Introduction of online application tools such as Common Application
 - College Essays
 - College/Workplace recommendations
 - Scholarships
 - Individual meetings to discuss plans and timelines
- Other considerations
 - SAT - October, November
 - Transitioning out of high school